

# LIFE SAVERS CANADA

FIRST AID TRAINING TO EMPOWER YOU TO HELP SAVE LIVES.



	CPR Level-C	CPR Level-HCP	EFA Level-C	EFA Level-HCP	SFA Level-A	SFA Level-C	SFA Level-HCP	SCCFA Level-B	Blended SFA Level-C
Duration	4 - 6 hrs*	5 - 6.5 hrs*	6.5 - 8 hrs*	6.5 - 8 hrs*	6.5 - 8 hrs*	14 - 16 hrs*	14 - 16 hrs*	14- 16 hrs*	8 hrs online + 8 hrs in class*
Cost	\$79.99	\$89.99	\$109.99	\$119.99	\$124.99	\$134.99	\$144.99	\$129.99	\$144.99
Adult CPR	•	•	•	•	•	•	•		•
Child CPR	•	•	•	•		•	•	•	•
Infant CPR	•	•	•	•		•	•	•	•
Automated External Defibrillator (AED)	•	•	•	•	•	•	•	•	•
<b>RE-CERTIFICATION</b>	•	•			•	•	•	•	
<b>Duration of RE-CERTIFICATION</b>	3 - 4 hrs*	3 - 4.5 hrs*			5 - 7 hrs*	6 - 8 hrs*	6 - 8 hrs*	6 - 8 hrs*	
<b>Cost of RE-CERTIFICATION</b>	\$69.99	\$79.99			\$89.99	\$99.99	\$109.99	\$89.99	
Private/Group Training	•	•	•	•	•	•	•	•	•
<b>Included Topics:</b>									
Preparing to Respond	•	•	•	•	•	•	•	•	•
The EMS System				•	•	•	•	•	•
Check-Call-Care	•	•	•	•	•	•	•	•	•
Airway Emergencies	•	•	•	•	•	•	•	•	•
Breathing and Circulation Emergencies	•	•	•	•	•	•	•	•	•
First Aid for Respiratory and Cardiac Arrest	•	•	•	•	•	•	•	•	•
Wound Care			•	•	•	•	•	•	•
Head and Spine Injuries						•	•	•	•
Bone, Muscle, and Joint Injuries						•	•	•	•
Sudden Medical Emergencies						•	•	•	•
Environmental Emergencies						•	•	•	•
Poisons						•	•	•	•
Childhood Illnesses								•	
Keeping Children Safe								•	
Pulse Check		•		•			•		
Rescue Breathing		•		•			•		
Using Bag, Valve, Mask (BVM)		•		•			•		
Two-Rescuer CPR		•		•			•		
Jaw Thrust		•		•			•		
Other content required by specific legislation	•	•	•	•	•	•	•	•	•

\* Duration is approximate and dependent on level and number of students.